

Rider Information and Participation Consent Form

for Participating in Coaching Sessions in a Traffic-Free Environment

This form should be signed by the person (Trainee) participating if over the age of 18 or aged between 16 and 18 and living independently. Where the Trainee is under 18 and is living with a parent or carer then the parent or carer should sign on behalf of the Trainee. The parent or carer signing the consent form confirms that they have authority to do so.

1. Rider Details

First Name:				Surname:		
Gender:	<input type="checkbox"/> Female	<input type="checkbox"/> Male	Date of Birth:		Age:	
Address:						
			Postcode:			
Home Tel:				Mobile:		
Email:						
Cycling Club: (if appropriate)						

2. Emergency Contact Details

First Name:				Surname:		
Relationship to Rider:				Home Tel:		
Work Tel:				Mobile:		

3. Medical and Specific Needs

Please give details of any medical or health conditions that might affect your participation in cycling and what support/modifications are needed
Please list any medications you take on a regular basis
Please give details of any specific needs that the coach should be aware of, and what support/modifications are needed

4. Other Rider Information

Previous cycling experience

What other sports do you participate in regularly? How often?

Why are you attending the sessions?

What do you want to achieve from the sessions?

In the long term what do you want to achieve from your participation in cycling?

Please detail any other specific information that is relevant to participation in cycling activity sessions

5.

Ethnicity:			
White:	<input type="checkbox"/> British	<input type="checkbox"/> Irish	
	<input type="checkbox"/> Other		
Mixed Heritage:	<input type="checkbox"/> White & Black Caribbean	<input type="checkbox"/> White & Black White African	
	<input type="checkbox"/> White & Asian	<input type="checkbox"/> Other	
Asian or Asian British:Indian:	<input type="checkbox"/> Pakistani	<input type="checkbox"/> Bangladeshi	
	<input type="checkbox"/> Other		
Black or Black British:	<input type="checkbox"/> Caribbean	<input type="checkbox"/> African	
	<input type="checkbox"/> Other Black		
Chinese:	<input type="checkbox"/>	<input type="checkbox"/> Other	
Arab/ Middle Eastern:	<input type="checkbox"/> Arab	<input type="checkbox"/> North African	<input type="checkbox"/> Iraqui
	<input type="checkbox"/> Kurdish	<input type="checkbox"/> Other	

Religion / Belief:	
<input type="checkbox"/> Buddhist	<input type="checkbox"/> Christian
<input type="checkbox"/> Hindu	<input type="checkbox"/> Jewish
<input type="checkbox"/> Muslim	<input type="checkbox"/> Sikh
<input type="checkbox"/> No Religion	
Other (please state)	

6. Consent for Participating in Coaching Activities in a Traffic-Free Environment

Notes

- Please ensure you make a note of any medical conditions you / your child has that you feel the coach should know about in Section 3 of this form. If you have any concerns about you/ your child's participation in any form of physical activity, please consult your GP before giving your consent.
- Consent is being given to participate in coaching sessions conducted in a traffic-free environment (eg not on the public highway). However, you should note that in some instances it might be necessary for the coach to move riders from one location to another, which may require limited use of the public highway. In these instances the riders will be under the direct supervision of the coach and it will not be part of a coaching activity. No coaching activities will be conducted on the public highway.
- It is part of the British Cycling Code of Conduct to ensure that reasonable steps are taken to establish a safe environment where riders can enjoy developing their cycling skills.
- Riders are expected to remain in the session from beginning to end, unless they have to leave early.
- Parents/carers are welcome to stay and watch the session but this is not compulsory.
- If a young rider has to leave early, or is being collected by someone other than the parent/carer, the parent/carer must advise the coach of the details of the arrangement, including who will be collecting the rider.
- Any rider who misbehaves or puts others in danger will be asked to leave the session. Persistent misbehaviour will lead to the rider not being allowed to attend future sessions.
- It is the rider / parent / carer's responsibility to ensure that the rider's bike is in a safe condition to ride.
- All riders must wear a cycling helmet at all times during the coaching sessions.

Parental/Carer Consent

I, being the parent / carer (delete as appropriate) of **the Rider** have read the information on this form and the following notes, and consent to **the Rider** taking part in the coaching sessions conducted in a traffic-free environment. I understand and agree that **the Rider** participates in coaching sessions under the instruction of British Cycling coaches entirely at his/her own risk. I have considered the nature of such sessions and have discussed them with **the Rider**. I am satisfied that **the Rider** is sufficiently responsible and competent to assume full and entire responsibility for his/her own safety under the supervision of a British Cycling coach.

Photographs of your child may be used for Watford Cycle Hub promotional purposes: Yes No
(Please tick).

First Name:			
Gender:	<input type="checkbox"/> Female	<input type="checkbox"/> Male	
Surname:			Age:
Date of Birth:			

Work Tel:		Mobile:	
Email:			
Signed:		Date:	

Note: All information is stored within Data Collection Act rules. Details are available on request.

COACH USE ONLY

Any other relevant information regarding the rider (eg preferred learning style, stage of development, ability level, etc)